

## **OrthoPro® ROM Elbow**

The OrthoPro® ROM Elbow has dual setting hinges with flexion and extension stops that can be set in 15° increments. The hinges are enclosed in a laminated foam/cloth cover that can be laundered as necessary. The cover has an ultra-smooth tricot fabric which reduces sheer and friction on fragile skin. The OrthoPro ROM Elbow is clinically indicated for limiting flexion / extension of the joint post injury/surgery.

### **Therapeutic Actions**

The OrthoPro ROM Elbow has dual setting hinges with flexion and extension stops that are in 15° increments. By correctly setting the flexion and/or extension stops on each hinge, the flexion/extension movement of the joint can be controlled.

### **Contraindications**

The OrthoPro ROM Elbow should not be applied if any part of the device comes in contact with an open wound. Orthotics should not be used if the limb has grade three plus edema. Hinge flexion/extension stops should be set by a trained clinician.

### **Warnings**

The OrthoPro ROM Elbow should be fit by trained personnel to ensure that the device is correctly applied with the flexion/extension stops set per physician order. Wearing time should be determined by the treating therapist or clinician.

After an the OrthoPro ROM Elbow is removed, the limb should be inspected for redness or signs of unwanted pressure. All redness or skin indentations should be absent within an hour after device removal.

Never apply an OrthoPro ROM Elbow if there are red areas on the patient's skin that may indicate unwanted pressure has been applied by the device. Resume wear after the redness had disappeared. If redness persists, the device should be inspected by a licensed clinician and modified to eliminate any potential pressure points.

**The OrthoPro® ROM Elbow is intended to be for Single Patient Use Only**